



Singleton Heights Public School

Newsletter

1-13 Dorsman Drive Singleton Heights 2330

Email: singletonh-p.school@det.nsw.edu.au

Phone: 65731363

School Calendar

Week 1

Date	Events
9/10/23	Welcome back for Term 4
10/10/23	Band students to Concert
13/10/23	Playgroup starts back

Week 2

19/10/23	Kinder Information Sessions
19/10/23	Infants Assembly 12:50pm
20/10/23	School Fete from 11am No Playgroup

COMING UP:

- Students return for Term 4 Monday 10th October.
- Kindergarten Orientation - 26th October, 2nd November and 9th November.
- SRC Crazy Sock Day Friday 17th November.

Principal's Report

What a busy term it has been for everyone! A busy term of learning. A busy term of teaching. A busy term of events, excursions and celebrations. We think it is time for a well-earned rest! Stay tuned for another busy term after the break, with many of our end of year activities being planned as we speak. We will provide dates for Presentation Day, the Creative Arts Showcase, Year 6 Farewell, Carols on the Green and other end of year activities early next term. We look forward to our P&C School Fete when school returns. Have a restful break with your children. Let's hope this lovely weather continues and you are able to get out and about and create memories with your family.

Little Joeys Graduation

This week saw the graduation of our very first Little Joeys Preschool to Kindergarten students. The students have experienced ten weeks of school readiness activities, preparing them for their first year of big school in 2024. Parents, grandparents and friends gathered on Thursday to celebrate with the children, who received a certificate, cupcake and PBL Little Joeys badge, a new addition to our PBL badge range. The badge features Mari with a Little Joey in her pouch. Thank you to our families for their support of this program and to the staff who organised and ran the program each week. The feedback from parents has been positive and we look forward to offering this program again in 2024.

Important Reminders

- **Volunteers needed for our School Fete - Friday 20th October.**
- **Representative sport jumpers are to be worn on Fridays only.**
- **We now use Sentral Parent Portal. Have you registered?**



Inter-Schools Public Speaking Competition

Could we have a future Prime Minister amongst us? Congratulations to Lachlan 4A who was the Stage 2 winner of the Inter-Schools Public Speaking Competition. Alfie 2W was runner up in the Stage 1 section, with Thomas 2W receiving a highly commended. In the Early Stage 1 section, Arlo KM received a highly commended. Our students competed against schools from across the Upper Hunter network. The quality of speeches across all schools was outstanding and we are very proud of the efforts of our students. Well done boys!

Be on the lookout for snakes!

With the warmer weather making its presence felt in the last few weeks, we have had reported sightings of snakes in areas outside of the school. Please talk to your children about snake awareness when they are walking on footpaths, through carparks and on grass areas near our school. Take care yourselves when waiting at pick up locations.

Kim Cummings
Relieving Principal

Year 6 Canberra Excursion

Last week, the sun shone as Year 6 travelled to Canberra to explore our Nation's Capital. We started our tour with the best view of Canberra from the top of Mount Ainslie. Next, we made our way down to the War Memorial where we got to stand in silence in the Tomb of the Unknown Australian Soldier and explore the displays. We finished off the day by testing our skills against each other in the 'Sportex' at the Australian Institute of Sport. Year 6 think that our school needs a room like this.

Day 2 was BUSY! Year 6 visited Parliament House, Old Parliament House and the Electoral Education Centre to learn all about the parliamentary process. We met the Member for Hunter Dan Repacholi and the Mayor and Deputy Mayor of Singleton. We sat in the House of Representatives as a Bill was read then rushed to the Senate to see if it would get passed. We surprised ourselves at the National Art Gallery by finding something that each of us could enjoy.

SNOW DAY! We found a patch of snow and spent the day building, sliding and throwing snow. Amazingly, it was warm enough to take off our coats while we were playing. Such a wonderful day.

Our last day was a highlight for many, moving through different galleries and exploring different aspects of science. We got to feel the room shake as we entered the earthquake experience and watched 300 million volts of lightning strike!

Memories from some of our students:

Tomb of the Unknown Soldier, 'It made me feel sad that so many people died, and their families never knew where they were.'

'The snow was my favourite part of the trip. However, I never expected snowballs to hurt so much!'

'Questacon was a fun science experience, discovering about how everything works.'

Parliament House, 'Every few minutes the clock alarms went off to let the politicians know it was time to vote; it would give me a headache!'

'It was amazing.'

Thank you to all the parents for supporting us to run this excursion to Canberra.

Ms Claire Huntley



Infants Strengths Carnival

On Thursday, 14th September, students in Years K-2 participated in our annual Infants Strengths Carnival. Each of the activities related to a Character Strengths, such as bravery, humour and love of learning. This term, we have been learning about the Character Strengths in our Positive Behaviour of Learning (PBL) lessons.

It was a wonderful day of teamwork, laughter and fun activities. Thank you to all the parents, carers and community members who attended and supported our students as they showed their character strengths at each activity.

Mrs Elizabeth Linsley



RESPECT



RESPONSIBILITY



EXCELLENCE

Curriculum Support – Holiday Ideas

School holiday activities

Even if your kids are planning their own school holiday fun, they'll probably still need some help when it comes to activity ideas. Or maybe you're looking for some ideas to spend quality time with them.

Here are seven things to consider:

1. Spend time in nature

This is especially great for getting your kids off the screen.

Activities that involve being outside and visiting parks have been proven to improve our moods.

- Nature walks in the local bush and around the local streets.
- Bush walks, bike or scooter riding, picnics, explore new parks.
- Visit playgrounds. Singleton has a lot of parks.



2. Visit the town library. The library has many things happening, that you can book and be part of. See the Singleton Council web page for times and events.



3. Visit friends and family. If you're lucky enough to have family nearby or a close friend organise a visit. This is a great time to meet people that you do not have time to, during the school day.

4. Stay at home.

Staying at home can be fun.

- Cooking together
- Play with toys
- Have a family movie night
- read lots of books



5. Play games – cards or board games



6. What if the weather lets you down? Here are just a few ideas:

- Make a gift for someone, like a trinket box or greeting card. Search for ideas and instructions online
- Bake some cakes or biscuits and take them to elderly relatives and neighbours
- Make a scrapbook of memories, using photographs
- Create a family tree.
- Go and visit relatives to hear interesting stories and record them or write them up, with illustrations or photographs
- Encourage them to design and build a den outside, or set up an exciting treasure hunt with their own clues and home-made treasures
- If your children like performing, help them to put on a show for the family
- Suggest that they make a 'School Holiday Diary' and note down all the different things that they have done.



Mari has spotted...



Charlotte-ann (5S)
Displaying excellence
by showing kindness
and respect to her
peers.



Mari has spotted...



Archie (1N) Always
shows excellence and
the ability to self
regulate. He always
uses beautiful
manners and speaks
kindly to others.



Mari has spotted...



Liam (KC) – Displays
excellence and a love of
learning by always
being on task and ready
to learn. He always
displays his 5 L's and
has beautiful manners.



Mari has spotted...



Zoe (3/4S) Always
displaying excellence
by showing respect
and kindness to her
peers and staff.



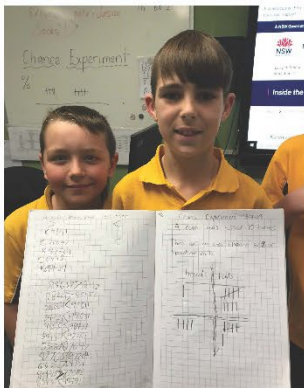


Mathematics in 3T

**3T enjoy lots of hands-on
mathematics activities
and games!**



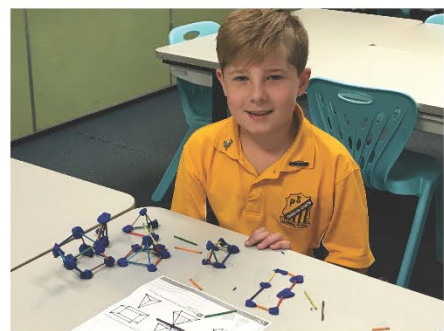
**We worked with a partner on
a coin toss chance
experiment.**



**Salute is our favourite
multiplication game.**



**We made lots of 3D objects using
toothpicks and modelling clay.**



SCHOOL HOLIDAYS

WEEK 1

TUESDAY

LEGO Drones | 10am, 12pm + 2pm

WEDNESDAY

Dungeons + Dragons | 10.30am - 4pm
DIY Pizza | 11.30am

THURSDAY

Tantrum Youth Arts Theatre Program
9.30am - 5pm

FRIDAY

Tantrum Youth Arts Theatre Program
9.30am - 5pm
Sewing | 10.30am + 1.30pm

W singleton.nsw.gov.au

SINGLETON
YOUTH SERVICES

SCHOOL HOLIDAYS

WEEK 2

TUESDAY

Obstacle Course | 11am
Chalk it Up | 11am

WEDNESDAY

Dungeons + Dragons | 10.30am
Badge Making | 10.30am

THURSDAY

Foundations 4 Creativity Art Workshop
11am - 1pm

FRIDAY

Handball Competition | 11am

W singleton.nsw.gov.au

SINGLETON
YOUTH SERVICES



www.majesticcinemas.com.au

DISCOUNT TICKET VOUCHER

\$10.50

VALID UNTIL: 15/10/2023

*T&C's: Voucher not available with any other offer. Must be surrendered or shown via phone at the box office to receive offer. Not valid for special events. Valid for up to 4 tickets per use.

HOLIDAY TENNIS

for kids

\$35 **\$100**
per day for 3 days

September

TUE 26 WED 27 THU 28

8:30 to 11:30

Book Online

www.singletontenniscoaching.com

Use your Active Kids Voucher

for 3 day bookings only



Email

hello@singletontenniscoaching.com

Phone

02 6572 3889



Find us on Facebook and Instagram

@SingletonTennisCoaching

Ages 4-17

Give life. Give blood in Singleton

11 October - 13 October



Singleton

Mobile Blood Donor Centre

Singleton Square

1 Gowrie Street, Singleton NSW 2330

Open 9.30am - 6.30pm

give blood

RESPECT




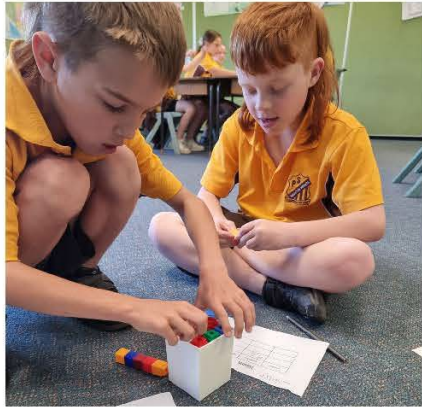
RESPONSIBILITY



EXCELLENCE

2R

Our journey 
so far...



RESPECT



RESPONSIBILITY



EXCELLENCE



CANTEEN MENU

SPRING/SUMMER

FLEXISCHOOLS

Order in advance to avoid
system glitches &
disappointment

Especially on a Friday when
orders can exceed 1000 per
minute server wide!

GOING HOME EARLY

Please alert the canteen before
9am if you wish to cancel your
order

No refunds will be given, if
orders are placed and not
collected



BREAK 1

A selection of fresh homemade items, these will
differ daily.

- Popcorn, Fresh Fruit Cup, Pikelet, Bliss Ball, Anzac Biscuit, Fruit Pikelet **50c**
- Jaffle, Mini Pizza, Quesadillas, Dip & Veggie Sticks, Cheese & Crackers, Custard cup, Piece of Fresh Fruit **\$1.00**
- Fruit smoothie (banana or strawberry), Grainwaves, Red Rock Deli Chips **\$1.50**
- Yogurt Parfait with Homemade Muesli, Milkshakes (choc/strawberry), Chicken Fingers, Mini Spring Rolls, Yogurt Cup, Fruit Bowl, Sushi **\$2.00**

SANDWICHES

- Cheese **\$3.50**
- Cheese & tomato **\$4.00**
- Ham & cheese **\$4.50**
- Egg & lettuce **\$4.50**
- Salad **\$5.00**
- Chicken, lettuce & mayo **\$5.50**
- Chicken & salad **\$5.50**
- Ham & salad **\$5.50**

TOASTIES

- Cheese **\$4.00**
- Ham & Cheese **\$4.50**
- Chicken & Cheese **\$5.00**

SNACK WRAPS

- Ham & Cheese **\$4.50**
- Chicken & Cheese **\$5.00**

SALADS

- Rainbow Salad **\$6.00**
Lettuce, tomato, carrot, cucumber, pineapple, beetroot, cheese
- Pasta Salad **\$6.50**
Cucumber, tomato, cheese
- Chicken Caesar Salad **\$7.50**
Cos lettuce, bacon pieces, parmesan cheese, dressing
- Add a protein **\$1.00**
Chicken, Ham, Egg or Tuna
- Add a dressing **50c**
Italian, ranch or mayo

BREAK 2

- Frozen Fruit Slices **50c**
- Quelch Sticks **\$1.00**
- Ka-Bluey Snap Stick **\$1.00**
- Bevco Juice Cup **\$1.00**
(Orange/Apple/Blackcurrant)
- Juicies **\$1.50**
(Lemonade/Tropical/Wildberry/Orange)
- Ice Monys **\$1.50**
Sour Red Raspberry/Ka-Bluey
- Choc Moosie **\$1.50**
- Frozen Yogurt **\$2.50**
choc vanilla/strawberry vanilla

HOT FOOD

- Garlic Bread **\$2.00**
- Large Sausage Roll **\$4.00**
- Chicken Nuggets **\$5.50**
- Gluten Free Chicken Nuggets **\$5.50**
- Butter Chicken & Rice (GF) **\$5.50**
- Beef Lasagne **\$5.50**
- Fried Rice **\$5.50**
- Sauce **\$5.50**
- Tomato, BBQ, Sweet & Sour

BURGERS

- Cheeseburger **\$6.00**
- Veggie Burger **\$6.00**
- Chicken Burger **\$6.00**
- Gluten Free Chicken Burger **\$6.00**

Change Sauce over Counter Only
BBQ, Tomato or Mayo

DRINKS

- 350ml Water **\$1.00**
- 600ml Water **\$2.00**
- Flavoured Milk **\$2.50**
Chocolate/Strawberry
- Juice Bomb **\$2.50**
Watermelon/Grape/Apple Cola
- Glee **\$2.50**
Tropical/Raspberry
- Up & Go **\$2.50**
Chocolate/Strawberry
- Juice Popper **\$2.50**
Punch/Apple/Orange

