SINGLETON HEIGHTS PUBLIC SCHOOL NEWSLETTER



Term 3

Week 3

29th July 2021

RESPECT | RESPONSIBILITY | EXCELLENCE

Principal's Report

This week, across New South Wales, we celebrate Education Week, with a theme of Lifelong Learners.

Our Singleton Learning Community of public schools has put together a wonderful showcase video of all our school award winners, in lieu of our awards celebration evening. This video is on our Facebook page.

Congratulations to the following recipients of our Singleton Learning Community Education Week Awards for 2021:

Excellence in Teaching - Simone Meredith

Outstanding contribution from a non-teaching staff member - Leslie Ford

Student Achievement - Lilah Sheath

Aboriginal Education achievement - Sarah Timms

School Community Member achievement - Tammie Wrightson

Outstanding Program - Playgroup - Alison Dagg and Claire Daubeney

Our school will be hosting an Education Week assembly today to reward our students and community for the great contributions they make to education in our school.

K-2 Strengths Sports Carnival

We are getting excited about our K-2 Strengths Sports Carnival, to be held on Friday, 30th July, in our school grounds. Students will participate in a series of rotations, playing skills-based tabloid games that relate to the 24 character strengths that our students have been learning about. Unfortunately, no visitors will be allowed on site. The carnival will begin at 12pm and finish at approximately 3pm. **Students will need to wear school uniform on this day.**

Zone Athletics Carnival

Our student representatives at the Upper Hunter Zone PSSA Athletics Carnival enjoyed great success yesterday, during the carnival at Alroy Oval. Several students achieved outstanding results and will qualify for the Hunter Regional Carnival, to be held at Glendale.







Our Vision: POSITIVE RELATIONSHIPS, HIGH EXPECTATIONS, AUTHENTIC LEARNING

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Practising Gratitude – from our Visible Wellbeing approach

With everything that's happening during this pandemic, it's important for parents to explore ways on how we can help our children process their emotions.

Learning to express gratitude may be one of the keys to helping them cope when things don't seem to be going right. As parents, it can help if we point out to our kids that despite all the negativity...There's still a lot to be thankful for.

What are the best ways to help our children practice gratitude?

Here are three of them:

- 1 Have a gratitude journal
- 2 Writing gratitude letters
- 3 Through savouring walks

Would you like to know more positive parenting styles?

Start by taking my SBP Quiz - <u>How Strength-Based Is Your Parenting.</u> Discover how you score and where improvements lie.

Statement of Accounts and School Excursion postponement

A family/student statement of accounts will be sent home today, with upcoming payments that you may need to consider.

Our Year 6 Canberra Excursion and our Year 4 Sydney excursion have been cancelled, as a recommendation from the NSW Department of Education. Payment refund options have been sent to families of Year 6 students, however, no payments were requested for the Sydney excursion for Year 4.

Our Stage 1 Reptile Park excursion is still under review, and no decision will be made on this until closer to the date.

Debating Workshop

Several of our Stage 3 students will be participating in a Debating workshop with other local schools, via ZOOM, on Monday, 2nd August. Mrs Thompson will be coordinating this event with our students who are participating. Good luck!





Breakfast Club

Our Breakfast Club will be back up and running next week, thanks to a volunteer program from the town Baptist church. Volunteers will be serving breakfast from 8:40am Monday to Thursday.





Pie Drive

Pie Drive – The P&C are conducting a Pie Drive for families, with collection dates of 10th and 11th August. Fundraiser Order Forms have been sent home, and are **due back TODAY**. Orders can be made on Flexischools, under events as well. Orders will be organised to be collected from our MAIN COLA, however, you will need to wear a mask, and check in with the QR Code on arrival.



Public Speaking Finals

Our school Public Speaking Finals are now going to be held next Tuesday, 3rd August, in the school hall. All successful class participants who were selected, will participate in the final in the school hall, adjudicated by Mr Graham. The Upper Hunter Zone Public Speaking Competition was postponed, due to COIVD restrictions and we are yet to hear of an alternative date.

School Photo Make up Day

Next Wednesday, our school photographer will be back at school to take photos of students who may have been absent on our previous photo day, and also to take photos of the school groups, such as our Year 6 group photo, SRC and sports house captains. Further details about purchasing these photos will be provided after next week.

Beanie Day fundraiser

Thank you to our school community for supporting our SRC fundraiser last week, for the Mark Hughes Foundation. With our combined Beanie for Brain Cancer Day and Jelly bean guessing competition, our school was able to raise over \$400 to present to the charity. Beanie Days are awesome in Winter!









Student gaol setting

Today, we are sending home a goal setting document for your children. The teacher has written two academic goals that they feel your child should be working on this semester, based on last Semester's report. On the document, your child will also have an opportunity to record a personal school goal, and parents will have space to provide an additional comment. These documents will then be returned to your child's classroom teacher as a focus for your child.









1/2W have completed a unit on designing and producing an instrument to provide the sound scape for the book, A Very Noisy Bear. During the unit, the students explored the sources of light, heat and sound, focusing on sound. They explored how you can change the sound of instruments, loud and soft, short and long, and high and low. The students then selected instruments that they made.



















1K Bost Attendance Week 2















DATES TO REMEMBER



2/8	3/8	4/8 Year 6 Photo Kitchen Kart Stage 2	5/8 Primary Assembly	6/8
9/8	10/8 Pie Drive pick up	11/8 Pie Drive pick up Kitchen Kart	12/8	13/8
16/8	17/8 P&C Meeting 6pm	18/8 Kitchen Kart	19/8 Infants Assembly	20/8 Hunter Athletics
23/8	24/8	25/8 Kitchen Kart	26/8	27/8

Good for Kids good for life

CHOOSING HEALTHY SNACKS

Healthy snacks are important to help your kids get the nutrients they need to grow, develop and learn.

Choose snacks that are everyday foods - vegetables, fruit, dairy, wholegrains or protein-rich foods.

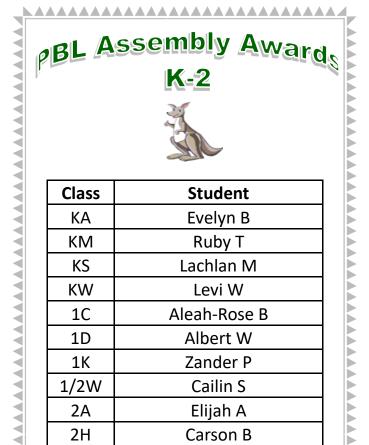
Planning is the best way to make sure that the healthy choice is the easy choice.

Here's a few tips to help you plan your healthy snacks:

- Include vegetables and fruit in your child's lunchbox each day
- Add vegetables into homemade snacks (e.g muffins, pikelets, scones and slices)
- Cut up vegetables and fruit on the weekend so they are easier to grab during the week
- Keep a range of healthy snacks in the fridge or pantry that are easy to grab and go
- Get your kids helping to prepare healthy snacks
- Enjoy eating healthy snacks with your kids



Hunter New England Local Health District



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100 days of Kindergarten









