

# Singleton Heights Public School Newsletter

Term 2

Week 10

2 July 2020



R E S P E C T | R E S P O N S I B I L I T Y | E X C E L L E N C E

## *Principal's Report*

We come to the end of a very long, unprecedented school term. Thank you again for your wonderful support and absolute commitment to the learning and wellbeing of your child. Life is tough at the moment, and there are a lot of unknowns in the world, but I appreciate your commitment to supporting your children, and the school community, to provide a level of normality as we adjust to new ways of teaching and learning. Next term, I hope to be able to stagger the return of parents in to our school grounds, as restrictions start to ease. Our first day of school, for students, in Term 3 is Tuesday, 21<sup>st</sup> July. Teachers will be undertaking Professional Learning on Monday, 20<sup>th</sup> July. No students will be attending on this day.

### Mari Badge Pizza Lunch

I was so honoured to celebrate the Mari Badge recipients from Term 1 and 2 this year, with a pizza lunch on the community room verandah yesterday. We had over seven students receive Mari badges in the past week, so it is great to see our students focus so much attention on the positive aspects of school and on excellent behaviour. I hope they enjoyed their special lunch as much as I did.



Well done to our Mari badge recipients for weeks 9 and 10, congratulations to you all.

**Our Vision:** POSITIVE RELATIONSHIPS, HIGH EXPECTATIONS, AUTHENTIC LEARNING

### NCCD data collection

All Australian schools are required to participate in the Nationally Consistent Collection of Data (NCCD) for students with disabilities, on an annual basis. Our school has gathered this data for students over the past six weeks.

The NCCD is an annual data collection that requires information on the extent of adjustments made for students with disability. The data collection supports a broader model of engagement and support for these students that draws on teachers' professional judgement and practices throughout the year to support students with disability to access and participate in education on the same basis as other students. Implementation of the model enables schools to fulfil their mandatory obligations to students under the National Disability Discrimination Act 1992 (DDA) and Disability Standards for Education 2005.



### **2021 Kindergarten Enrolments**

If you have a child starting Kindergarten in 2021, or know of a family in our school zone who has a child starting Kindergarten next year, please contact the school to put your name down for enrolment. We are looking at scheduling our Kinder Café next term, and we would like to get details from as many families as possible to invite them along to our information sessions and Kinder orientation days. A very exciting time ahead.

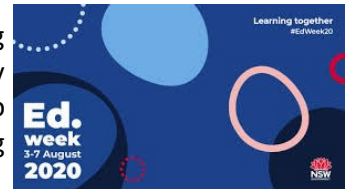
## What's Happening

### High School visit to Year 6 students

On Tuesday, 21<sup>st</sup> July, Singleton High School staff will be visiting our school to discuss the program of transition to High School with our Year 6 students. Dates for transition days for the rest of this year will be published as they come to hand.

### Education Week

We will be awarding several of our students, staff and community members during Education Week, in Week 3 next term, however, our Singleton Learning Community Awards night will not proceed this year. Instead, we will invite our award winners to school to have the presentation put into a combined video of all Singleton Learning Community public schools' award winners. Look out for this video in Week 3 next term.



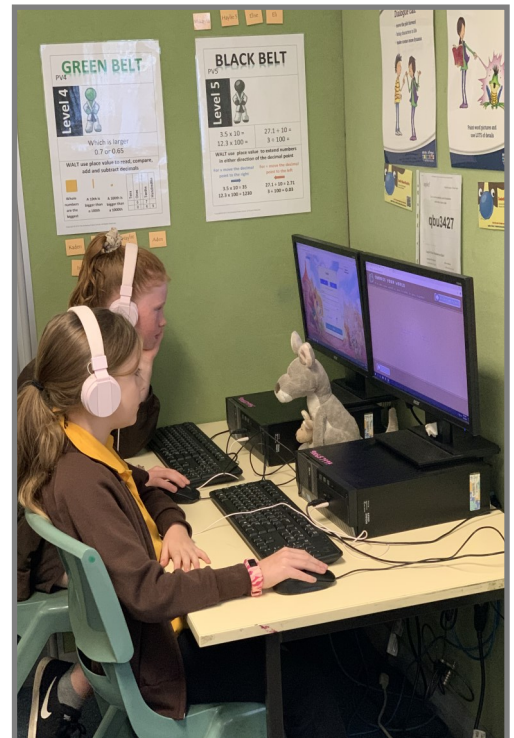
### Strengths Sports Carnivals

As an exciting initiative to replace our cancelled Athletics Carnival, the school is going to host two Strengths Sports Carnivals in Week 3, to celebrate Education Week and to focus in on the Character Strengths that our students have been learning about over the past 12 months. 3-6 classes will have their carnival on Thursday, 6<sup>th</sup> August and K-2 will celebrate their carnival on Friday, 7<sup>th</sup> August. The K-2 Carnival will replace the Sports Carnival that normally takes place late in Term 3. Starting at 11:50am, students will rotate around a series of tabloid events, based on using character strengths, in their house groups. Students in 3-6 will be able to dress up in the colours of their sports houses. K-2 students will wear their school uniform but with shorts and sport shoes. Unfortunately, parents will not be able to come in to the school for these carnivals, at this stage. More information about these wonderful events will be published early next term.



Have a great holiday break. I hope you are able to enjoy some of the finer things with your families, now that restrictions are starting to ease. Thanks again for your support this term.

# Mari vists 3/4s



# Kindergarten Kitchen Kart



## Kitchen Kart Recipe

## BREAKFAST EGG MUFFINS



### Ingredients (makes 6 muffins)

- 6 eggs
- 125g tinned corn kernels
- 6 cherry tomatoes ( can use more if you like them)
- $\frac{1}{4}$  cup grated tasty cheese
- Handful of baby spinach leaves
- 50g shaved ham
- Salt
- Pepper

### Method

1. Cut the cherry tomatoes into quarters.
2. Slice the ham into small squares.
3. Cut the baby spinach leaves into small pieces.
4. Crack the egg into a small bowl. Add a pinch of salt and pepper then whisk it using a fork making sure it is all combined.
5. Spray the muffin tin with spray oil then into each muffin cup add - 1 tsp corn, chopped cherry tomatoes, baby spinach leaves, ham, cheese then pour the beaten egg on top and sprinkle with salt and pepper.
6. Put into a preheated oven 200C for 15-20 minutes, until the egg is cooked through and risen.
7. Leave them to cool a little before getting them out of the tin, and run a knife around the muffins to loosen them from the tin.
8. ENJOY!!

## Canteen News

What a busy and successful day we had last Friday with our special footy theme day. A big thank you to the wonderful volunteers and teachers that helped out on the day. I hope everyone has a nice break over the holidays. The new winter menu which is included on the back page will start at the beginning of Term 3.





# HEALTHY MADE DELICIOUS

SHIPS Canteen Menu

Term 3, 2020

**ALL ORDERS MUST  
BE RECEIVED BY  
9:10am**

## ORDERING OVER THE COUNTER

Please print  
clearly on lunch  
bags

NAME → JACK JONES  
CLASS → 2 C  
Selection → 1 x Spaghetti & meatballs \$5.50

## GOING HOME EARLY

If you have a lunch order you must notify the canteen staff before leaving. If your order is ready or being prepared you can collect it. If it has not been made you can receive a refund.



Online lunch ordering closes at 9:10am daily.



## HOT FOOD

- ✓ Fresh corn cob \$1.50
- Sausage roll \$3.00
- ✓ Tortilla – Ham & cheese \$4.50
- ✓ Chicken fried rice \$5.00
- Chicken nuggets (6) \$5.00

### PASTA

- ✓ Spaghetti & meatballs \$5.50
- Beef lasagne \$5.50
- ✓ Mac & cheese \$5.00

### BURGERS

- ✓ Cheese burger \$5.50
- ✓ Chicken burger \$5.50

### TOASTIES

- ✓ Ham & cheese \$4.00
- ✓ Ham, cheese & pineapple \$4.50
- ✓ Chicken, cheese & Sweet chilli sauce \$5.00

### SOUPS

- ✓ Chicken & sweet corn \$4.50
- ✓ Roasted pumpkin \$4.50

## EXTRAS

- Sauce \$0.50
- ✓ Tomato, BBQ, Sweet chilli, Sweet & Sour
- Dressing \$0.50
- ✓ Italian



## SANDWICHES

All made on fresh wholemeal bread

- ✓ Cheese \$3.00
- ✓ Cheese & tomato \$3.50
- ✓ Salad \$4.00
- ✓ Tuna \$4.00
- ✓ Ham & cheese \$4.00
- ✓ Egg & lettuce \$4.50
- ✓ Chicken, lettuce & mayo \$5.00
- ✓ Chicken & salad \$5.00
- ✓ Ham & salad \$5.00

### Extras

- ✓ Wholemeal Wrap or Roll \$1.00

## SALAD BOWL

- ✓ Lettuce, tomato, carrot, cucumber, pineapple, beetroot, cheese \$4.00
- Extras
- ✓ Chicken, Tuna, Ham or Egg \$1.00

## ICE BLOCKS

- ✓ Quelch \$1.00
- 99% Fruit juice stick
- ✓ Juicies \$1.50
- Wild berry, Orange, Lemonade or Tropical
- ✓ Ice Monys \$1.50
- Blue raspberry or Red berry blast
- ✓ Moosie \$1.50
- Chocolate



## SNACKS

- ✓ Pikelets \$0.50
- Anzac cookies \$0.50
- ✓ Choc bliss balls \$0.50
- ✓ Popcorn \$1.00
- ✓ Cheese & crackers \$1.00
- ✓ Yoghurt cup \$1.50
- ✓ Custard cup \$1.50
- ✓ Piece of fresh fruit \$1.50
- ✓ Fresh fruit Salad \$1.50
- Red rock deli plain chips \$1.50
- Garlic bread \$2.00

## DRINKS

- ✓ Water (600ml) \$2.00
- ✓ Hot chocolate \$2.00
- ✓ Flavoured Milk \$2.50
- Chocolate or Strawberry
- ✓ 100% Juice \$2.50
- Tropical or Apple & blackcurrant
- ✓ Juice Bomb \$2.50
- Watermelon, Orange passion or Apple cola
- ✓ Glee \$2.50
- ✓ Tropical or Raspberry
- ✓ Up & Go \$2.50
- Chocolate, Strawberry or Caramel

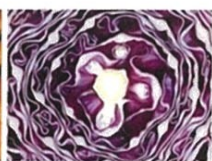
## RECESS

A selection of freshly homemade items.

- These items will differ daily.
- Tomato & cheese scrolls, Scones, Mini quiche, Vegetable pizza slices, Dip & veggie sticks, Corn & cheese fritters, Fresh fruit smoothies.



## FRUIT



VEGETABLES  
& LEGUMES

✓ Everyday Food • Occasional Food